

# Tobacco Cessation Services in the State of Hawaii

## Statewide

**Hawaii Tobacco Quitline**  
**Combines telephone counseling and Nicotine Replacement Therapy**  
800-Quit Now, 1 (800) 784-8669  
3:00 am - 9:00 pm Monday-Sunday

**HMSA**  
**Ready Set Quit**  
Telephone counseling, case management, tobacco cessation classes and NRT  
Oahu (808) 952-4432  
Neighbor Islands Call 1 (800) 225-4122

**Kaiser Permanente**  
**Health Education Department**  
**Tobacco Cessation Program**  
Oahu (808) 432-2274  
Maui (808) 243-6483  
Hawaii (808) 934-4077

**U.S. Coast Guard**  
**Work Life Center**  
**Tobacco Cessation Program**  
**(for Coast Guard and their families)**  
400 Sand Island Parkway  
Honolulu HI 96819  
(808) 842-2088

**American Lung Association of Hawaii**  
**Not on Tobacco**  
**(Special Program for Teens)**  
245 N. Kukui Street, Suite 100  
Honolulu, HI 96817  
Oahu (808) 537-5966 ext 305

## Oahu

**Alliance of Hawaii Hypnotherapist**  
AAUW Building  
1802 A Keeaumoku Street, Suite 4  
Honolulu, HI 96822  
(808) 521-2999

**Hawaii Acupuncture Association**  
425 Ena Road  
Honolulu, HI 96815  
(808) 538-6692

**Hickam Air Force Base Health and Wellness Center (HAWC)**  
**Tobacco Cessation Program**  
800 Scott Circle, Hickam AFB  
Honolulu HI 96853  
(808) 448-6170  
(For Active Duty military, retired military DoD Civilian and their dependents)

**Kalihi-Palama Health Center**  
**Smoke Free Families Program**  
(No outside referral)  
915 N. King Street  
Honolulu, HI 96817  
(808) 848-1438

**Straub Hospital & Clinic**  
**Freedom from Smoking**  
**(in partnership with American Lung Association of Hawaii)**  
**Health Education Department First Insurance Center**  
1100 Ward Avenue Suite 940  
Honolulu, HI 96813  
(808) 522-4325

**The Queens Medical Center**  
Quit Tobacco Program  
1301 Punchbowl Street  
Honolulu, HI 96813  
(808) 537-7867

**The Queens Medical Center**  
Health Education & Wellness Department  
Smokeless Program  
1301 Punchbowl Street  
Honolulu, HI 96813  
(808) 547-4823

**Waianae Coast Comprehensive Health Center**  
Alternative Smoking Cessation Program  
86-260 Farrington Hwy.  
Waianae, HI 96792  
(808) 696-1599

**University Health Services Tobacco Cessation Program (for UH-Manoa students)**  
2600 Campus Road, Room 313 D  
Honolulu, HI 96822  
(808) 956-3453

**Free For Life**  
**Tobacco Cessation Program**  
44-160 Kou Place, #2  
Kaneohe, HI 96744  
(808) 235-2284  
(Location varies with class booking)

**Ke Ola Mamo**  
**Native Hawaiian Health Care System**  
**Oahu**  
1505 Dillingham Blvd Room 205  
Honolulu, HI 96817  
(808) 848-8000 Ext 230

**Castle Medical Center & Castle Center for Nicotine Dependency Treatment**  
Group and Individual sessions  
642 Ulukahiki Street, Suite 105  
Kailua, HI 96734  
(808) 263-5050

**Naval Health Clinic Hawaii**  
**Health Promotion Department**  
480 Central Avenue  
Pearl Harbor, HI 96860  
(808) 473-1880, ext. 483

**Tripler Army Medical Center**  
**Tobacco Cessation Program**  
**Department of Psychology**  
1 Jarrett White Road  
TAMC, Honolulu, HI 96859  
(808) 433-1498

**Kokua Kalihi Valley**  
**Comprehensive Family Services,**  
**Perinatal Smoking Cessation and post partum relapse prevention to promote smoke free families**  
2239 N. School Street  
Honolulu, HI 96819  
(808) 791-9400

**Kokua Kalihi Valley Comprehensive Family Services**  
**Kalihi Stop Smoking Now**  
2239 North School St.  
Honolulu, HI 96819  
(808) 791-9426

**American Lung Association of Hawaii**  
**Freedom from Smoking**  
245 N. Kukui Street, Suite 100  
Honolulu, HI 96817  
(808) 537-5966, ext. 305  
(Oahu, Maui, Kauai & East Hawaii)

## Maui

**Community Clinic of Maui**  
**Tobacco Dependence Treatment Program**  
48 Lono Avenue  
Kahului, HI 96732  
(808) 872-4075

**Hui No Ke Ola Pono**  
**Native Hawaiian Healthcare System**  
**Tobacco Cessation Program**  
**J. Walter Cameron Center**  
95 Mahalani St., Room 21  
Wailuku, Maui, HI 96793  
(808) 244-4647

**Hana Community Center**  
1501 Ua Kea Road  
Hana, HI 96713  
(808) 248-7502

**Judiciary Maui Drug Court**  
2050 Main Street  
Wailuku, HI 96793  
(808) 442-3850

## Hawaii

**West Hawaii Quit Quarters**  
74-5599 Luhia St # D,  
Kailua-Kona (Old Industrial Area)  
HI 96740  
(808) 990-7848

**Hui Malama Ola Na OIwi**  
**Native Hawaiian Healthcare System**  
**Tobacco Cessation Program**  
69-A Railroad Ave.  
Hilo HI 96720  
(808) 969-9220

**Department of Veterans Affairs**  
**Hilo Community Based Outpatient Clinic**  
**Tele-quit and Addiction Counseling Program**  
1285 Waiuanue Ave., Suite 211  
Hilo, HI 96720  
(808) 935-3781

**Tutu's House**  
**Ready or Almost Ready to Quit Program**  
64-1032 Manalahoa HWY, Suit 305  
Kamuela, HI 96743  
(808) 885-6777

**Lokahi Treatment Center**  
**Tobacco Cessation Program**  
68-1845 Waikoloa Rd., Suite 224B  
Waikoloa, HI 96738  
(808) 883-0922

**Hamakua Health Center**  
**Patients Education Center**  
45-549 Plumeria Street  
Honokaa, HI 96727  
(808) 775-7204

**Tobacco Education and Assistance Program, A Partnership with University of Hawaii, Hilo**  
Various Locations of East Hawaii  
(808) 557-4838

**Big Island Substance Abuse Council**  
81-947 Halekii Street  
Kealahakua HI 96750  
(808) 322-3100

**Pahoa Family Health Center**  
**Bay Clinic Inc.**  
15-2866 Pahoa Village Road  
P.O.Box 1952  
Pahoa, HI 96778  
(808) 965-3010

## Kauai

**Waimea High School**  
**Tobacco Prevention Program**  
**(for youth & pregnant teens)**  
9707 Tsuchiya Rd.  
Waimea, HI 96796  
(808) 338-6810 ext 155

**Tobacco Free Kauai**  
**Kauai East Side School Complex**  
**Tobacco Control Program**  
**Kapaa High School**  
**Kauai Rural Health Association**  
4695 Maillihuna Road  
Kapaa HI 96740  
(808) 821-4401 ext. 140

**Wilcox Memorial Hospital**  
**Tobacco Treatment Program**  
3420 Kuhio Hwy.  
Lihue, HI 96766  
(808) 246-1356

**Ho'ola Lahui Hawaii**  
**Native Hawaiian Healthcare System**  
**Pau Tobacco**  
4491 Rice Street  
Lihue, HI 96766  
(808) 240-0100  
(For Registered Users of Ho'ola Lahui Hawaii, Kauai Community Health Center only)

## Molokai

**Na Puuwai Native**  
**Hawaiian Healthcare System**  
PO BOX 130  
Kaunakakai, HI 96748  
(808) 553-8288

## Lanai

**Coalition for a Drug Free Lanai**  
**Tobacco Cessation Program**  
730 Lanai Avenue, Suite #10  
Lanai City, Lanai, HI 96763  
(808) 565-6043

## Special Populations

**Lesbian, Gay, Bisexual, Transgender, Intersex, and Questioning Communities**

**The Center**  
**Smoking Cessation Program**  
614 South Street, Suit 105  
Honolulu HI 96814  
(808) 545-2848

# Tobacco Cessation Resources in Hawai'i

## Telephone Quitlines:

**American Cancer Society**  
800-ACS-2345

**American Legacy Foundation**  
*Great Start* (for pregnant women)  
866-667-8278

**American Lung Association**  
800-548-8252  
800-LUNG-USA  
toll free: 866-QUIT-YES

**National Cancer Institute NCI**  
**Cancer Information Service CSI**  
**Smoking Quitline**  
Cessation support counseling  
Free  
877-448-7848 (877-44U-QUIT)  
or 800-4-CANCER  
TTY (for deaf and hard of hearing callers):  
800-332-8615

**HMSA: Ready, Set, Quit!**  
For HMSA members  
O'ahu: 952-4400  
Neighbor Islands: 888-225-4122

**Kaiser Permanente**  
Free & Clear telephone-based counseling  
\$25 registration fee is refundable if you participate in all 5 appointments  
800-292-2336

**Queen's Quit Tobacco Hotline**  
808-537-7300

# Tobacco Cessation Resources

## Websites

**University Health Services  
Tobacco Cessation Program**  
[www.hawaii.edu/beatit](http://www.hawaii.edu/beatit)

**Kaiser Permanente**  
[www.kp.org](http://www.kp.org)

**American Lung Association of Hawaii**  
[www.ffsonline.org](http://www.ffsonline.org)

**Free for Life**  
<http://www.lovehawaii.com/tobacco.html>

**National Cancer Institute NCI  
Cancer Information Service CIS**  
[www.smokefree.gov](http://www.smokefree.gov)

**Resource Center of Massachusetts**  
[www.trytostop.com](http://www.trytostop.com)

**Quitnet** (Boston University)  
[www.quitnet.com](http://www.quitnet.com)

## Youth Websites

[www.gottaquit.com](http://www.gottaquit.com)  
[www.nobutts.ucsd.edu](http://www.nobutts.ucsd.edu)  
UC San Diego targets teen smoking

## Self-Study Materials

**Office of the Surgeon General**  
[www.surgeongeneral.gov/tobacco](http://www.surgeongeneral.gov/tobacco)

**Centers for Disease Control and Prevention**  
800-CDC-1311  
[www.cdc.gov/tobacco](http://www.cdc.gov/tobacco)

**National Cancer Institute NCI**  
[http://cis.nci.nih.gov/fact/8\\_13.htm](http://cis.nci.nih.gov/fact/8_13.htm)  
<http://cancer.gov> (see also LiveHelp link)  
<http://smokefree.gov>  
800-4-CANCER

**Office on Smoking and Health (OSH)**  
National Center for Chronic Disease Prevention and Health Promotion  
Centers for Disease Control and Prevention  
Mail Stop K-50, 4770 Buford Highway, NE  
Atlanta, GA 30341-3724  
800-CDC-1311 (800-232-1311)  
770-488-5705  
Fax: 770-488-5939  
Fax Information Service: 770-332-2552  
Web site: <http://www.cdc.gov/tobacco/>  
Email: [cdcinfo@cdc.gov](mailto:cdcinfo@cdc.gov)

**American Cancer Society**  
800-ACS-2345  
[www.cancer.org](http://www.cancer.org)

**American Lung Association of Hawaii**  
O'ahu: 808-537-5966 x305  
Neighbor Islands: 800-LUNG-USA  
[www.ffsonline.org](http://www.ffsonline.org)  
[www.ala-hawaii.org](http://www.ala-hawaii.org)  
Self help booklet for teens

**American Heart Association**  
800-AHA-USA1 (242-8721)  
[www.americanheart.org](http://www.americanheart.org)

**American College of Obstetricians  
And Gynecologists For Pregnant women**  
202-638-5577

**Hawaii State Department of Health  
Tobacco Prevention and Education Program**  
1250 Punchbowl Street Room 217  
Honolulu, Hawaii, 96813  
Phone (808) 586-4613  
Toll Free (888) 810-8112  
Fax (808) 586-8252  
[www.hawaii.gov/health/tobacco](http://www.hawaii.gov/health/tobacco)

### Brochure:

1. Think About It
2. Hawaii Cessation Handbook
3. Hawaii Tobacco Cessation Resources Guide
4. Tobacco Cessation Services In the State of Hawaii
- Service Providers Referral Guide

Linda Lingle, Governor of Hawai'i  
Chiyome Leinaala Fukino, M.D.  
Director of Health

Hawai'i State Department of Health  
Tobacco Prevention and Education Program  
Chronic Disease Management and Control Branch  
Community Health Division  
1250 Punchbowl Street, #217  
Honolulu, Hawai'i 96813-2416

Telephone: (808) 586-4613 • Toll Free (888) 810-8112  
Fax (808) 586-8252

### NONDISCRIMINATION IN SERVICES

We provide access to our programs and activities without regard to race, color, national origin (including language), age, sex, religion, or disability. Write or call the Tobacco Prevention & Education Program or our Affirmative Action Officer at PO Box 3378, Honolulu HI 96801-3378 or at (808) 586-4616 (voice/TTY) within 180 days of a problem.

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# CleanBreak

HAWAII

## Tobacco Cessation Resources in Hawai'i



WHERE TO  
FIND HELP

WHEN  
YOU WANT  
TO QUIT